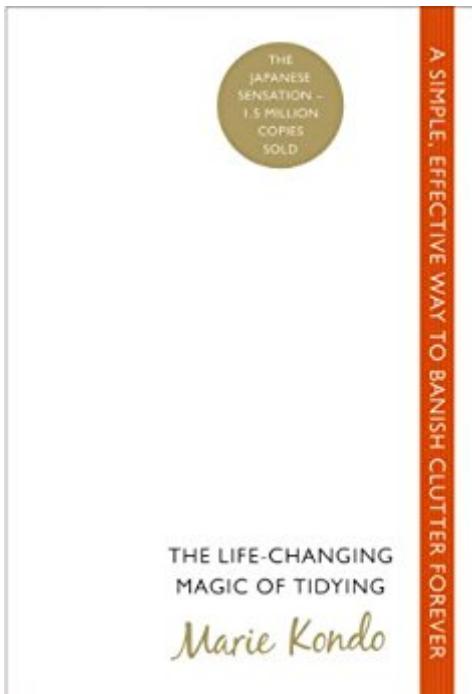


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# The Life-Changing Magic Of Tidying: A Simple, Effective Way To Banish Clutter Forever



## **Synopsis**

Transform your home into a permanently clear and clutter-free space with the incredible KonMari Method. Japan's expert declutterer and professional cleaner Marie Kondo will help you tidy your rooms once and for all with her inspirational step-by-step method. The key to successful tidying is to tackle your home in the correct order, to keep only the things you really love and to do it all at once – and quickly. After that for the rest of your life you only need to choose what to keep and what to discard. The KonMari Method will not just transform your space. Once you have your house in order you will find that your whole life will change. You can feel more confident, you can become more successful, and you can have the energy and motivation to create the life you want. You will also have the courage to move on from the negative aspects of your life: you can recognise and finish a bad relationship; you can stop feeling anxious; you can finally lose weight. Marie Kondo's method is based on a 'once-cleaned, never-messy-again' approach. If you think that such a thing is impossible then you should definitely read this compelling book.

## **Book Information**

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## **Customer Reviews**

I will admit to having a tortured relationship with stuff. I grew up in a cluttered house and married the King of Clutter (he's the type of person who'll open a credit card bill, pay it online, and then just leave the empty envelope, inserts, and bill itself randomly strewn on whatever surface happens to be nearby). I don't like the disorder of clutter, but dealing with it is such a soul-sucking experience that I haven't gotten very far. Many days I semi-wish the whole place would burn down and save me from having to deal with it. Typically I'll catch an episode of Hoarders, fear that I'm one incapacitating injury away from being the focus of an episode (if I can't clean up all those strewn papers, they'll just pile up to the rafters, after all!), and then go through a stack of junk in a fit of unhappiness. Not the best way to deal with it all. Marie Kondo's book is the opposite of that. It's a breath of fresh air and positive energy that brings real joy to the process of "tidying up." I was only about halfway through before I tackled my clothes. She's right to begin there. My clothes are all mine (which also means that they're in nowhere near as terrible a state as other things in my house), so going through them affects only me and involves only my own feelings. Her advice may sound silly at first, but if your belongings inspire feelings of unhappiness, guilt, etc., her anthropomorphism of them can really help you change your viewpoint in a positive direction. I finished up with three bags for Goodwill and one for the garbage man. My drawers and closet, which were never very messy, are now exactly as I want them, and I feel fantastic! My one quibble with her instructions has to do with folding. I've always disliked rolls of items.

Marie Kondo says something to the effect of: If you read this book and feel as though it is you, then it is meant to be. Not a direct quote, but something that resonates with me as I read some of the negative reviews. This book spoke to me, it was truly magic. When I moved 9 months ago, I took approx 3 car loads of belongings to goodwill, thinking that I had done a darn good job of getting rid of unnecessary items. Yet still, my home continued to be rather cluttered and storage spaces felt messy no matter how much I tried to organize. I have read a multitude of books and articles, searched on Pinterest and other sites about organization. Read things on minimalism that were just unrealistic to me. I wanted to be more minimalist, but just couldn't get myself to only own 12 items in my kitchen. Nothing was quite right. Marie addresses all of these problems in her book and why they may or may not work. When I started reading I thought that I might be able to find a few things to discard and some new ways to organize the clutter I currently have. This was definitely, not the case. I purchased this book on Friday and have only tackled the category of clothing and 1 "catch all" bedroom I had because I had a guest coming to stay. I'm not even finished with those 2 places in my home and I have 2 large sized black garbage bags full, 4 smaller trash bags full, 1 medium sized

box, and 3 of those reusable sized shopping bags and a pile of clothes still on the floor, all ready to leave my house. If you had asked me yesterday how many pairs of shoes I owned, I would have answered "maybe 20-25". When I took EVERY SINGLE shoe in my house and laid it out on the floor - not missing a single pair - it was eye opening, this is the magic of it.

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